

## Come S.P.A.A.H. with us!

Take a Short Cut into Possibility Awareness, Answers, and Hope!



www.ThePossibilityPath.com

- 1. Gather a group of **FRIENDS** and some snacks.
- 2. Schedule your **SPAAH** at your house or a studio space.
- 3. Get ready to **RELAX** with Spa setting tools.
- 4. Pick your **topic** as a group!
- 5. Close your eyes.
- 6. Listen to a SHORT CUT mindful moment created just for you!
- 7. Get Answers. Discover solutions. Find Hope!
- 8. Move into tomorrow with new possibilities!
- 9. Share the Love



## **ENJOY LIFE!**

Life is hard. We all need a break to refresh, relax, and unwind.

So what if you could combine relaxation AND get insights you need on job, home, relationships, or whatever you are dealing with today all while hanging out with your friends?

You can!

Hi! I'm Jeannine.

I am an author, Life Coach, and creator of The Possibility Path, a self exploration life manual program whose purpose in life is to support women, children, and families navigate the possibilities in life!

I created these S.P.A.A.H. as a way to give Moms, women, and even teens a way to relax and connect to not only each other, but their own answers in their own way.

I can't wait to help you find your hope and path to possibility today!