



What do you NOT LIKE about your life right now?

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What would you like to change if you could?

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**The Possibility Path Program**  
A Life Coaching Program based on  
*Book One: A Field of Possibilities* through Jeannine Proulx  
In tune with The WORLD Collective Consciousness

*“Bringing Possibilities to Reality”*

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**Questionnaire**

Answer these questions with the first thoughts that come to your mind. No need to edit or over process. Simply what is best for where you are right here, right now!

1. What do you want out of your life?

For Yourself?

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For Your Family?

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For Your Kids? - If you have them.

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2. List 3 things that are irritating you right now.

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- \_\_\_\_\_

- \_\_\_\_\_

3. What are some things you LIKE about life right now?

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4. What are some things you DON'T LIKE about life?

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5. If you could change one thing about life, what would it be?

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6. What words best describe your relationship right now?

With friends:

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With family:

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With self:

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With the world:

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7. What does the word "Possibility" mean to you?

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8. What do you wish to get out of this program?

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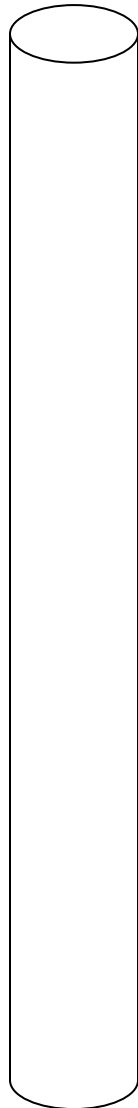
## The Possibility Path Program

*"Bringing Possibilities to Reality"*

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### WALKING STICK

Congratulations! You have chosen to walk The Possibility Path. Use this Walking Stick image or find your own Walking Stick to mark your progress as you complete each step!



- \_\_\_\_\_ Step 1
- \_\_\_\_\_ Step 2
- \_\_\_\_\_ Step 3
- \_\_\_\_\_ Step 4
- \_\_\_\_\_ Step 5
- \_\_\_\_\_ Step 6
- \_\_\_\_\_ Step 7
- \_\_\_\_\_ Step 8
- \_\_\_\_\_ Step 9
- \_\_\_\_\_ Step 10
- \_\_\_\_\_ Step 11
- \_\_\_\_\_ Step 12
- \_\_\_\_\_ Step 13
- \_\_\_\_\_ Step 14
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- \_\_\_\_\_ Step 18
- \_\_\_\_\_ Step 19
- \_\_\_\_\_ Step 20
- \_\_\_\_\_ Step 21
- \_\_\_\_\_ Step 22
- \_\_\_\_\_ Step 23
- \_\_\_\_\_ Step 24
- \_\_\_\_\_ Step 25
- \_\_\_\_\_ Step 26
- \_\_\_\_\_ Step 27
- \_\_\_\_\_ Step 28

\*A Walking Stick can be an actual wooden walking stick, a pencil, a wooden dowel, or even a keychain that you mark your steps on. Each step has a color so you can color code them if you wish!

[www.aworldofpossibility.com](http://www.aworldofpossibility.com)





# The Possibility Path

## Series Colors

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### 1. The Beginning

Step 0 - Welcome and The Walking Stick  
Chapter 1 - The Beginning

### 2. Your Beginning

Chapter 2 - What Made You You  
Chapter 3 - Personality: The I the Observer  
Chapter 4 - Your Story

### 3. Independence

Chapter 5 - Stranger in Small Town  
Chapter 6 - Decision Time: Leaving Small Town

### 4. Choosing Possibility

Chapter 7 - Responsibility and the DVR  
Chapter 8 - Who are you Responsible For?: The Lighthouse  
Chapter 9 - Responsibility and Tribal Law: Herding Gazelles  
Chapter 10 - Change is Difficult + Better: (Motivation) The Tree Grows

### 5. Busting Through the Blocks

Chapter 11 - Choose Realities - The Bank Robbery  
Chapter 12 - Allowing - The Caution Walls  
Chapter 13 - LETTING GO. Letting In. - The Train Station  
Chapter 14 - Tearing Down the Walls - Miss PERSERVERANCE  
Chapter 15 - Believing - newspaper reporter Sarah, bakery man - perspective

### 6. Boundaries

Chapter 16 - Boundaries - Stop rescuing. Boundaries natural with growth.  
Chapter 17 - Me, Myself, and I - Myriad Losing Weight - The New You.  
Chapter 18 - Boundaries with Others - Lion/ Ameba - rewrite

### 7. Systems

Chapter 19 - Systems - Make the World Go Round  
Chapter 20 - Systems for Success  
Chapter 21 - Systems Routine  
Chapter 22 - Systems Change  
Chapter 23 - Systems for the World  
Chapter 24 - Systems for the Self

### 8. The Now

Chapter 25 - The Now  
Chapter 26- Back to the Now  
Chapter 27- Chasing the Now

### 9 Choose

Chapter 28 - Choose